POWERSHIFT WITH RENÉE™

Sugah for Your Shift™

EPISODE 04 / THE DECISION

Choose HER, Sugah.

Give your becoming a decision it can stand on.

01 / A LITTLE TRUTH

Who am I choosing to be - and what would honor her today?

The woman I choose to be is...

One decision that honors her is...

02 / SAY IT LIKE YOU MEAN IT

I SEE HER. I CHOOSE HER. I AM BECOMING HER.

03 / GIVE IT SOME LIFE

Choose one doable action. Give it a time today, then follow through with care.

My action is... I will do it at...

A little lovin' for your becoming.

Conquer. Elevate. Dominate.

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