POWERSHIFT WITH RENÉE™

Sugah for Your Shift™

EPISODE 03 / THE STORY YOU'VE BEEN LIVING

A Sweeter Story Starts Here.

Your next chapter deserves your own voice.

01 / A LITTLE TRUTH

What story have I been repeating - and what truth am I choosing now?

The story I have been repeating is...

A more honest, compassionate story I choose is...

02 / SAY IT LIKE YOU MEAN IT

I AM the author of my next chapter.

03 / GIVE IT SOME LIFE

When the old story appears today, pause. Name your chosen truth and take one action that supports it.

One action that supports my new story is...

A little lovin' for your becoming.

Conquer. Elevate. Dominate.

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